

BRIGHTON



EMERGENCY INFORMATION

CANYON SERVICE & EMERGENCY CONTACTS

Fire/Police/ Paramedics	911	http://www.vecc9-1-1.com
Stay Safe-Stay Connected	211	https://211utah.org
UDOT Road Conditions	511	https://cottonwoodcanyons.udot.utah.gov
Poison Control Center	800.222.1222	https://poisoncontrol.utah.edu
HOSPITALS		
Alta View Hospital	801.501.2600	https://intermountainhealthcare.org/locations/alta-view-hospital/medical-services/emergency-services-and-trauma-care
U of U Emergency Room	801.581.2291	https://healthcare.utah.edu/locations/hospital/emergency-room.php
Primary Children's Hospital	801.662.1000	https://intermountainhealthcare.org/primary-childrens
LDS Hospital	801.408.1100	https://intermountainhealthcare.org/locations/location-details/lds-hospital/lds-hospital/lds-hospital-emergency-department
St. Marks Hospital	801.268.7111	https://mountainstar.com/specialties/emergency-care/?location=st-marks-hospital
IHC Hospital-Murray	801.507.7000	https://intermountainhealthcare.org/locations/intermountain-medical-center/medical-services/emergency-and-critical-care/emergency-department
CARE CENTERS		
FirstMed Urgent Care	801.943.3300	http://www.firstmedclinic.com/cottonwood.html
After Hours Medical-Holladay	801.509.9425	https://afterhoursmedical.com/locations/holladay-urgent-care-center
After Hours Medical-Sandy	801.609.9864	https://afterhoursmedical.com/locations/sandy-urgent-care-center
IHC InstaCare-Murray	801.871.6400	https://intermountainhealthcare.org/locations/location-details/holladay-clinic/holladay-instacare
PUBLIC SAFETY		
Police (non-emergency)	801.743.7000	https://www.updsl.org
Fire (non-emergency)	801.743.7200	https://unifiedfire.org
Be Ready Utah	801.538.3400	https://www.utah.gov/beready/index.html
County 24 Hr. Help Line	385.468.6101	https://slco.org
Sanitation (trash)	385.468.6325	https://wasatchfrontwaste.org
Canyon Sewer District	801.558.9891	
Flood Control	385.468.6600	https://slco.org/flood-control
Power Outage	877.548.3768	https://csapps.rockymountainpower.net/public/about/contact-us
Trees on Power Lines	888.221.7070	
Century Link Outage	385.414.2077	https://www.centurylink.com/home/help/internet/internet-or-phone-not-working.html
Utah Avalanche Center	801.524.5304	https://utahavalanchecenter.org
Recorded Avalanche Hotline	888.999.4019	https://utahavalanchecenter.org/about/contact
UPD Graffiti Hotline	385.468.9769	https://updsl.org/page_mgu_graffiti.php#:~:text=The%20UPD%2C%20Salt%20Lake%20County,%2C%20Remove%2C%20Re%2Dgroup.&text=Report%20graffiti%20to%20the%20UPD,9769.
Zoning/Code Enforcement	385.468.6700	https://ce-gslmsd.hub.arcgis.com
Bear Sightings (DWR)	801.491.5678	https://wildlife.utah.gov/living-with-bears
CANYON TOW SERVICES		
Tow Truck-Paul Nell	801.403.6186	
Tow Truck-Dan Knopp	801.244.0366	
CAMPGROUND INFO		
Public Lands Info Center	801.466.6411	https://www.fs.usda.gov/recarea/uwcnf/recreation/camping-cabins/recarea/?recid=8982&actid=33

FAMILY EMERGENCY PLAN

Preparation is the key to surviving a disaster.

Here are some helpful tips:

- Locate important records. Keep a copy at home and one outside the home.
- Have a portrait of all family members, complete with a description on the back of each photo (Name, age, height, weight, etc., including pets in the home.)
- Learn first aid and CPR
- Know how to shut off utilities. Keep tools available.
- Prepare a 96 hour survival kit and a car emergency kit.
- Store at least 6 weeks of food and prescription medicines.
- Set up 3 places to meet. One on your property, one in the neighborhood, and one regional place in case you can't return to your home.
- Arrange for someone outside the area to be a central communications contact.
- Hold practice drills.

UTILITY SHUT-OFF

Teach family members how to turn off utilities. Put a sign on utility shut-off locations with instructions.

PROPANE OR NATURAL GAS

- If you smell propane or natural gas, open windows and evacuate.
- Do not use the phone or do anything to cause sparks.
- Turn off main valve (usually outside the home.)

ELECTRICITY

- Turn off only if you see sparks or a fallen wire.
- Find the main current box (usually outside of the home.)
- Locate main circuit breaker. Switch it to the off position.
- To restore power service call Rocky Mountain Power at 877.548.3768

WATER

- Find the main water shut-off valve inside the house (located where the water enters the building.)
- Turn valve with the arrow (usually clockwise.)
- If necessary, shut off the main water valve outside. It is usually next to a concrete box near the road.

Turn these valves counterclockwise to restore the water flow.

HOUSEHOLD INFORMATION

Family Names:

Cabin Address:

Phone Numbers:

Meeting Places:

Near cabin –

Outside of Area –

Outside of Area Contact –

Neighbor's Contact –

(This could be you Neighborhood Team Member's Contact in Brighton.)

Physicians:

Propane Shut-off location:

Water Shut-off location:

Electrical Shut-off location:

FIRST AID

APPROACH CAREFULLY

- Keep your own safety and the safety of rescuers in mind.
- Call to the victim. Touch gently on the shoulder.
- Stay calm. Focus on making people safe from further harm.
- Cheerfulness can help reduce fear in the victim and others.

FIRST THINGS FIRST (A B S S)

- AIRWAY. Make sure the airway is clear.
- BLEEDING. Cover wound with gauze or cloth, **press hard**. If the pad becomes soaked, don't remove it, put another pad on top and continue pressure. Raising the injured part above heart level will help control the bleeding.
- SPINE. Don't move someone with suspected spinal injury.
- SHOCK. Shock may occur with any accident. Don't wait for symptoms (chills, pale face, weakness.) Treat gently:
 - Have the injured person lie down. Raise feet 10-12 ".
 - Cover to keep warmth in during cool weather.
 - Talk in a calm voice and assure the person they are going to be OK, even if they appear unconscious.
 - Fainting is a mild form of shock. If you feel faint, sit down, put your head between your knees or lie down.

FIRST AID APP FOR PHONE (free from Red Cross Visit App Store to download the app to your phone: Red Cross First Aid.

SAFE DRINKING WATER

AMOUNT: An active person requires a minimum of 1 gallon of water per day for drinking and food preparation.

STORAGE: Buy water jugs at the market or use plastic bottles. Do not use milk jugs, as they are designed to disintegrate in a short time. Store water in a cool, dark place and rotate it every year.

WAYS TO PURIFY WATER:

- Boil vigorously for 1 – 3 minutes.
- Purification tablets. Use as directed on package.
- Bleach purification:

Amount of Water	Clear Water	Cloudy water
1 quart	2 drops	4 drops
1 gallon	1/8 tsp.	¼ tsp.
5 gallons	½ tsp.	1 tsp.

FIRE SAFETY

BEFORE A FIRE

- Inspect smoke detectors at the change from Daylight Savings Time.
- Mark escape routes on a printed floor plan.
- Invest in a safety ladder for second or third story windows.
- Maintain a 30 ft. defensible space around the outside of your home. Limb up trees (6 – 8 ft. from ground) and clear ladder fuels. Brush is easier to remove in the spring before everything leafs out.
- Store firewood away from the house and decks.
- Clear pine needles from around home and decks so dirt shows.
- Know how to access emergency help and be prepared to give directions. This may mean sending someone to the highway to intercept emergency vehicles.
- Mark cabin number on your home (use at least 4 inch numbers.)
- Clear rocks from the road and driveway to allow emergency access.

DURING A FIRE

- If in bed, roll onto the floor. Crawl to the door to touch it.
- If the door feels hot when you touch it, do not open it.
- If there is smoke but no heat, crawl out on your hands and knees. Put a wet cloth over your mouth and nose. Hot air and noxious gases rise. The air will probably be safe one foot above the floor.
- If you can't leave the room, seal cracks around doors and vents, using wet towels if possible. Open a window and stay low by the window to breathe fresh air. Shout for help and signal your position by waving a cloth or towel.
- If your clothes catch on fire, stop, drop, and roll on the ground to put out the flames. Do not run. Running will increase the flames.
- Teach small children not to hide under beds or in closets.
- Gather at a pre-planned place away from the structure. Stay there.
- Send someone to phone the fire department. Meet the fire trucks and tell firefighters whether everyone is out of the house.
- If instructed to evacuate, leave a note where you have gone.
- Keep a 96-hour kit for quick evacuation in case of wildfire.
- Keep valuables (insurance, bank records, photos) in fire-safe boxes.
- Know the location of safe areas in the community in case the road is impassable. The parking lots at Brighton, Solitude, and Cardiff Fork are large enough to serve as wildfire breaks, and are often used as emergency staging areas

WINTER STORMS

BEFORE A STORM

- Check UDOT's Cottonwood Canyons Traffic Advisory link at <https://cottonwoodcanyons.udot.utah.gov>
- Program your cell phone with emergency numbers:
 - Canyon Patrol 801.743.7000
 - Road Conditions 511
- Orange Lollipop signs along the highway are Avalanche-Safe Zones. If you have problems during a winter storm, these areas provide safe haven and locator information for you. There are markers at mile 4.2, 7, 7.8, 8.4, 9.1, 9.5 and 10.
- Keep at least half a tank of gas in the car during storm season,
- Keep an emergency kit that includes flares, flashlight, extra blankets/coats, gloves, hat, boots, cash, shovel, etc.
- Stay informed. Listen to local or NOAA Weather Radio.
- Get website updates about conditions for backcountry and snowshoe ski areas at www.utahavalanchecenter.org

DURING A STORM

- If you are stranded in your car during a storm, run the car engine to keep warm. Keep the snow away from the exhaust pipe and roll down a window slightly on the opposite side of the exhaust for fresh ventilation.
- *Travel advisories* are issued when storms might hinder travel, but not seriously enough to require a warning.
- *Winter Storm Warnings* are issued when storms might have a snowfall of at least 4" in 12 hours, or 6" in 24 hours.
- If you are stranded in your home without power, try to conserve warmth by closing doors to unused rooms, and bundle up.
- For frostbite, move person to a warm place. Handle frostbite area gently, never rub affected area. Soak the area in warm water (100 – 105 degrees) until it appears red and feels warm. Loosely bandage with dry sterile dressings. Seek medical care if needed.
- Hypothermia (abnormally low body temperature) can affect the brain. Call 911. Move person to a warm place. Monitor breathing. Remove wet clothing. Wrap body core in blankets (never immerse in tub.)
- **ALWAYS** call Rocky Mountain Power in case of power outage at any time of year. Employees must justify repair/improvements to our canyon system. Without our calls, they have no facts to show system needs. *Every* customer's call counts!

Rocky Mountain Power – 1.877.548.3768

96 HOUR KIT CHECKLIST (4 DAYS)

Water

Water (1gallon/person)
Water filter/purifier tablets
Water bottles/jugs

Food

Dehydrated/Freeze-dried food
Beef Jerky
Food Bars
Hard Candy
Energy Drink
Can opener

Shelter & Bedding

Tent
Tarp
Sleeping Pad
Sleeping Bag
Parka, jacket

Security & Protection

Protective Mask
Protective Gloves
Escape Ladder
Evacuation Plan

Communications

Batteries/Chargers
Signal Mirror
Whistle
Flare/Strobe Light
Walkie-Talkie

paper/pen

AM/FM Radio

First Aid

Pain Relievers
Bandages/Wraps
Insect Repellent
Sanitizer/Soap
First Aid Kit
Personal Medications

Lighting

Lamps/Lanterns
Flashlights
Batteries
Candles

Toiletries

Portable Toilet
Plastic Bags
Shampoo
Razors
Toothbrush
Shovel/Trowel
Towel/Washcloth
Toilet Paper
Soap
Lotion
Comb/Brush
Feminine Needs
Privacy Shelter/Sheet
Laundry Soap

Clothing

shoes/socks/boots
Extra underwear
Hand warmers
Blanket
Hat/gloves
Reflective bag/blanket

Fuel & Cooking

Lightweight Stove
Extra Fuel
Cook Set
Utensils
Matches
Clean-up Supplies

Tools & Equipment

Pick/Shovel
Duct Tape
Multifunction Knife
Compass/Maps
Ax/Hatchet/Saw
Tire Repair Tools
Sewing Kit
Rope

Other

Toys/Books/Games
Camera
Baby Supplies
Cash (small bills)

CAR EMERGENCY KIT IDEAS

First Aid Kit

Flares

Fire Extinguisher

Blankets

Sealable Plastic Bags

Flashlight

Warm Clothing

Non-perishable Food, Candy

Foldable Shovel

Tools (pliers, knife, screwdriver)

Duct Tape, Electrical Tape

Tissues, Towelettes, Toiletries

Bottled Water (not full-may freeze)

Cash in small bills

Whistle on lanyard

Paper, Pen

Jumper Cables

Siphon Hose/gas can

Snow Scraper

Contact Info

EMERGENCY SCHOOL CLOSINGS

It's important for parents to tell their children the following:

- Where they want their child to go if the school is closed
- Current work phone numbers for parents
- A friend to report to or be picked up by in case of emergency.
- Use the "buddy system" if possible.
- Walk home with a sibling or friend.

The media would be notified and students would be sent home in an emergency situation (bus students would have transportation).

If it is too dangerous for students to be sent home, parents can tune to KSL 1160 Radio to receive instruction about how to pick up their children. In case of a school lock down, students would be taken to a secondary safe location. Tune to KSL 1160 Radio to get updates. During a lock down, parents WILL NOT be allowed at the school.

FLOODS

- Don't drive over flooded roads. Abandon a stalled vehicle and go to higher place.
- Do not attempt to cross a flowing stream where water is above your knees, as rapid undercurrents could sweep you away.
- If deep water is entering your home, don't try to stop it. It may be better for it to equalize the inside and outside pressures so it doesn't float away.
- Turn off main electrical power if there is time before flood waters arrive.
- Secure your home by moving valuables upstairs.

If your home is prone to flooding, consult an insurance agent about flood insurance through the federally sponsored National Flood Insurance Program.

PANDEMIC/FLU

BEFORE A PANDEMIC

- Stock up on supplies to care for family members who might become ill or in case your family wishes to be isolated at home:
 - box of rubber gloves
 - sealable plastic bags
 - food for 2-6 weeks
 - disposable tissue
 - non-perishable food items and paper supplies
 - face masks (N-95 if possible)
 - sanitizer, soap
 - books, DVD, music
 - Rx medications for 2-6 weeks
- Get in the habit of washing hands regularly.
- Practice sneezing into your elbow to keep from spreading germs.
- Avoid touching your face with your hands.
- Keep at least 6 ft. away from those outside your family bubble.

DURING A PANDEMIC

- **STAY HOME.** Some medicines may lessen symptoms, but they will not be easily available. Exposure to the many sick people at a hospital could actually endanger the health of your family. Call first to get guidelines. Voluntary quarantine and social distancing are the best defenses. Avoid schools, churches, offices, and malls.
- Take good care of yourself if you get sick. Drink plenty of fluids and rest. Over-the-counter flu medicines can help.
- A disinfecting solution for wiping surfaces, doorknobs, etc. (not people) is 4 teaspoons bleach per quart of water. Mark container **DISINFECTANT ONLY - NOT FOR DRINKING.**
- Be prepared for emotional effects of a pandemic. When people experience extreme stress, anger is a common feeling. Other difficult feelings might include denial, depression, confusion and exhaustion. These feelings are normal and people may have to work hard to get through them.
- Tune in to the media and internet such as www.cdc.gov or www.health.utah.gov
- Be aware that pandemics often occur in waves. As the first wave passes, people venture out of quarantine, and another infection occurs to begin another wave. Listen to health professionals as to when it is safe to gather in public places again.
- If you must go for supplies, wear a mask. Viruses are spread by droplets from breath, speech, and sneezes of people who are carrying the virus, whether they appear to be sick or not.
- Preparation and education helps diminish the fear of any disaster.

TERRORIST ATTACK

BEFORE AN ATTACK

- Assemble a disaster supply kit, including a battery-powered radio.
- Identify a safe room and a meeting place outside. The public will not know in advance whether to evacuate or shelter in place, so it is necessary to plan for both. Because many chemicals are heavier than air, a safe room should be on the main or second level (not in the basement) and have as few doors and windows as possible.
- Designate an out-of-area contact to facilitate communication.

DURING AN ATTACK

- Leave the contaminated area immediately (at least 1000-1500 feet upwind and uphill). Do not attempt to treat anyone in the area; that should be left to professionals with protective equipment.
- Take decontamination action if exposed: remove all clothing, wash hands, flush entire body (eyes, underarms, etc.) with copious amounts of cool water (hot water opens pores and can promote absorption of the contaminant). Use soap gently, and avoid scrubbing which can reduce the layer of protective skin. Blot dry, do not rub skin. Put on clean clothes and report for professional decontamination as soon as possible.
- For shelter-in-place, shut off the ventilation system and latch doors and windows to reduce air flow from the outside.
- Use pre-cut plastic sheeting to cover openings where air can enter the room: doors, windows, vents, electrical outlets, and telephone outlets. The sheeting should extend several inches beyond openings so it can be duct-taped to walls and floor.
- Listen to radio for an all clear. Chemicals will dissipate over time.

EMOTIONS IN A DISASTER

- In a disaster people may show anger, denial, exhaustion, loss of memory depression, confusion, and blame themselves or others. They may antagonize their rescuers. Be prepared for the unusual.
- Encourage anyone suffering from psychological stress to get professional help (Red Cross will have referrals).
- Ahead of any disaster, know how to reduce your personal stress: exercise, eat well, and get enough sleep. Know what activities allow you to relax and keep practicing them!

EARTHQUAKE SAFETY

BEFORE AN EARTHQUAKE

- Develop a home and family earthquake plan.
- Locate safe spots (the bathroom is often the safest room).
- Identify an out-of-state contact for family members to call.
- Store heavy and breakable objects on low shelves.
- Store all chemicals in secure cabinets or shelves.
- Keep shoes and flashlight under the bed.
- Anchor heavy objects to the wall (water heaters, bookcases)

DURING AN EARTHQUAKE

- Drop, cover, and hold. Move only far enough to reach a safe place.
- If indoors, stay there. Stand in a doorway, against an inside wall or under a desk or sturdy table.
- If outdoors, find a spot away from buildings, trees, overpasses, streetlights and power lines.
- If in a car, pull over and stop (away from underpasses and overpasses). Stay in car with seatbelt fastened.
- If in the canyon, be alert for falling rocks and landslides.
- If in a masonry building, cover nose and mouth with a handkerchief to protect from lime dust.
- Do not use candles or matches, as there may be gas leaks.
- Be prepared for aftershocks for about 3 days.

AFTER AN EARTHQUAKE

- Help family members first.
- If you smell propane, turn off main propane line. Do not light matches, turn on lights, or use a telephone until there are no gas leaks.
- Turn off burners and pilot lights.
- Stay away from electrical lines. Shut off power if there is damage.
- Do not flush toilets until you know sewer lines aren't broken.
- Turn radio to KSL1160 (AM) or KCPW88.3 (FM) for updates.
- Wear shoes.
- Check carefully for cracks in foundation. Open cupboards carefully.
- If you still have water pressure, fill a water container for use if needed.
- Put pets on a leash to keep them with you.
- In case of evacuation, leave a note where you have gone and who is with you.

NOTES

Neighborhood Teams

Each canyon neighborhood has been divided into smaller areas of 15-20 homes. In case of an emergency, be sure you and your family are stable, then if possible reach out to the neighbors in your area.

Thanks for helping keep our neighborhoods safe.

You're worth it!

Community Gathering Places

Brighton Center Parking Area – Wasatch Mountain Club,

Brighton Girl's Camp, Brighton Teams

Fire Station #108 – Forest Glen, Brighton Teams from Evergreen,

Lady of the Lake, and Camp Tuttle

Solitude Moonbeam Parking Area – Solitude Teams

Silver Fork Lodge – Silver Fork Teams, Pine Tree Teams

Cardiff Parking Area – Cardiff Fork Teams, Mount Haven Teams,

Mill D Team

Infinite Mind Building (Maxfield Lodge) – Maxfield Team, Sam

McNutt Team

Reverse 9-1-1 Registrations

To register for Reverse 911, just click and link below:

<http://www.vecc9-1-1.com/voip-registration/>

BeReadyUtah

<https://www.ready.gov>

Red Cross First Aid Phone App

Visit the App Store, Search for Red Cross First Aid

It's free!

Citizen channel for walkie-talkie radios: Channel 22

TAKE ME!

Our List To Take In An Emergency

Computer

Back up Hard Drives and Memory Sticks

Mobile Phones and Chargers

Medications

Wallet/Purse

Drivers license

Passport

Cash (include small bills)

Copies of:

- Insurance Documents
- Bank Statements
- Utility Bill (Proof of Residence)

96 Hour Kit

OTHER: